



KS4 ASSESSMENT

PE

BRAMHALL HIGH SCHOOL

Score	Knowledge and Understanding
<p style="font-size: 2em; font-weight: bold; text-align: center;">7/8/9</p> <p style="text-align: center;">Well above expected level for a Year 10 student</p> <p style="text-align: center;">(8 and 9 will only be awarded for exceptional performance)</p>	<p>Year 10 topics:</p> <ul style="list-style-type: none"> • Physical training: the human body and movement in physical activity and sport • Applied anatomy and physiology: the human body and movement in physical activity and sport • Movement analysis: the human body and movement in physical activity and sport • Sport Psychology <p>AO1: Demonstrate highly detailed knowledge and understanding of the factors that underpin performance and involvement in physical activity and sport.</p> <p>AO2: Apply highly detailed knowledge and understanding of the factors that underpin performance and involvement in physical activity and sport.</p> <p>AO3: Analyse and evaluate in detail the factors that underpin performance and involvement in physical activity and sport.</p> <p>AO4: Demonstrate and apply relevant skills and techniques in physical activity and sport. Analyse and evaluate performance.</p> <p>For three sports, students are required to demonstrate that the quality of technique is maintained for all skills and throughout all practices. When faced with opposition, decision making is consistently effective in both predetermined and spontaneous situations. There are very few errors and the student is adaptive when faced with progressively challenging situations. They almost always produce the intended results/accuracy. The student's contribution is highly effective, significant and sustained for almost all of the game/activity.</p>
<p style="font-size: 3em; font-weight: bold; text-align: center;">6</p> <p style="text-align: center;">Above expected level for a Year 10 student</p>	<p>Year 10 topics:</p> <ul style="list-style-type: none"> • Physical training: the human body and movement in physical activity and sport • Applied anatomy and physiology: the human body and movement in physical activity and sport

	<ul style="list-style-type: none"> • Movement analysis: the human body and movement in physical activity and sport • Sport Psychology <p>AO1: Demonstrate detailed knowledge and understanding of the factors that underpin performance and involvement in physical activity and sport.</p> <p>AO2: Apply detailed knowledge and understanding of the factors that underpin performance and involvement in physical activity and sport.</p> <p>AO3: Analyse and evaluate in some detail the factors that underpin performance and involvement in physical activity and sport.</p> <p>AO4: Demonstrate and apply relevant skills and techniques in physical activity and sport. Analyse and evaluate performance.</p> <p>For three sports, students are required to demonstrate that the quality of technique is maintained for all skills but may start to deteriorate in the most challenging practices. When faced with opposition, decision making is usually effective in both predetermined and spontaneous situations. There may be occasional minor errors but the student is usually adaptive when faced with progressively challenging situations. They regularly produce the intended results/accuracy. The student's contribution is usually effective and significant and is sustained for the majority of the game/activity.</p>
<p style="text-align: center;">5</p> <p>Expected level for a Year 10 student</p>	<p>Year 10 topics:</p> <ul style="list-style-type: none"> • Physical training: the human body and movement in physical activity and sport • Applied anatomy and physiology: the human body and movement in physical activity and sport • Movement analysis: the human body and movement in physical activity and sport • Sport Psychology <p>AO1: Demonstrate some detailed knowledge and understanding of the factors that underpin performance and involvement in physical activity and sport.</p>

	<p>AO2: Apply some detailed knowledge and understanding of the factors that underpin performance and involvement in physical activity and sport.</p> <p>AO3: Analyse and evaluate in some detail the factors that underpin performance and involvement in physical activity and sport.</p> <p>AO4: Demonstrate and apply relevant skills and techniques in physical activity and sport. Analyse and evaluate performance.</p> <p>For three sports, students are required to demonstrate that the quality of technique is maintained for most skills but may deteriorate in the most challenging practices. When faced with opposition, the effectiveness of decision making is inconsistent. The student makes more effective decisions in predetermined situations than in spontaneous situations. There may be occasional errors and the student is sometimes adaptive when faced with progressively challenging situations. They sometimes produce the intended results/accuracy. The student's contribution is sometimes effective and significant but it is not entirely sustained throughout the game/activity.</p>
<p style="text-align: center;">4</p> <p style="text-align: center;">Approaching the expected level for a Year 10 student</p>	<p>Year 10 topics:</p> <ul style="list-style-type: none"> • Physical training: the human body and movement in physical activity and sport • Applied anatomy and physiology: the human body and movement in physical activity and sport • Movement analysis: the human body and movement in physical activity and sport • Sport Psychology <p>AO1: Demonstrate basic knowledge and understanding of the factors that underpin performance and involvement in physical activity and sport.</p> <p>AO2: Apply basic knowledge and understanding of the factors that underpin performance and involvement in physical activity and sport.</p> <p>AO3: Analyse and evaluate the basic factors that underpin performance and involvement in physical activity and sport.</p> <p>AO4: Demonstrate and apply relevant skills and techniques in physical activity and sport. Analyse and evaluate performance.</p>

	<p>For three sports, student can consistently demonstrate that the quality of technique is maintained for some skills but sometimes deteriorates in the most challenging practices. When faced with opposition, decision making is only occasionally effective in both predetermined and spontaneous situations. The student's contribution is evident but infrequent throughout the game/activity and only occasionally effective or significant.</p>
<p style="text-align: center;">3</p> <p>Working towards the expected level for a Year 10 student</p>	<p>Year 10 topics:</p> <ul style="list-style-type: none"> • Physical training: the human body and movement in physical activity and sport • Applied anatomy and physiology: the human body and movement in physical activity and sport • Movement analysis: the human body and movement in physical activity and sport • Sport Psychology <p>AO1: Demonstrate some basic knowledge and understanding of the factors that underpin performance and involvement in physical activity and sport.</p> <p>AO2: Apply some basic knowledge and understanding of the factors that underpin performance and involvement in physical activity and sport.</p> <p>AO3: Analyse and evaluate some basic actors that underpin performance and involvement in physical activity and sport.</p> <p>AO4: Demonstrate and apply relevant skills and techniques in physical activity and sport. Analyse and evaluate performance.</p> <p>For three sports, students may demonstrate frequent errors and the student is only occasionally adaptive when faced with progressively challenging situations. They occasionally produce the intended results/accuracy. The student shows some ability to make tactical and strategic decisions but there are significant weaknesses and inconsistencies in their relevance to the game/activity.</p>

2

Working towards
the expected level
for a Year 10 student

Year 10 topics:

- Physical training: the human body and movement in physical activity and sport
- Applied anatomy and physiology: the human body and movement in physical activity and sport
- Movement analysis: the human body and movement in physical activity and sport
- Sport Psychology

AO1: Demonstrate very limited knowledge and understanding of the factors that underpin performance and involvement in physical activity and sport.

AO2: Apply very limited knowledge and understanding of the factors that underpin performance and involvement in physical activity and sport.

AO3: Analyse and evaluate in very limited detail the factors that underpin performance and involvement in physical activity and sport.

AO4: Demonstrate and apply relevant skills and techniques in physical activity and sport. Analyse and evaluate performance.

For three sports, students are maybe able to demonstrate that the quality of technique is maintained for few skills and often deteriorates in the most challenging practices. When faced with opposition, decision making may be ineffective for both predetermined and spontaneous situations. The student shows only a limited ability to make tactical and strategic decisions and they are seldom relevant to the game/activity.

1

Working towards
the expected level
for a Year 10 student

Year 10 topics:

- Physical training: the human body and movement in physical activity and sport
- Applied anatomy and physiology: the human body and movement in physical activity and sport
- Movement analysis: the human body and movement in physical activity and sport
- Sport Psychology

AO1: Occasionally demonstrate very limited knowledge and understanding of the factors that underpin performance and involvement in physical activity and sport.

AO2: Occasionally apply very limited knowledge and understanding of the factors that underpin performance and involvement in physical activity and sport.

AO3: Occasionally analyse and evaluate in very limited detail the factors that underpin performance and involvement in physical activity and sport.

AO4: Demonstrate and apply relevant skills and techniques in physical activity and sport. Analyse and evaluate performance.

For three sports, students demonstrate frequent errors and the student may be unable to adapt when faced with progressively challenging situations. They may not produce the intended results/accuracy. The student's contribution is limited to rare occasions and is seldom effective or significant.

Score	Knowledge and Understanding
<p data-bbox="140 376 403 472">7/8/9</p> <p data-bbox="108 521 438 622">Well above expected level for a Year 11 student</p> <p data-bbox="116 667 430 752">(8 and 9 will only be awarded for exceptional performance)</p>	<p data-bbox="464 371 687 405">Year 11 topics:</p> <ul data-bbox="515 450 1458 600" style="list-style-type: none"> • Health, fitness and well-being: Socio-cultural influences and well-being in physical activity and sport • Socio-cultural influences and well-being in sport • Review Year 10 topics <p data-bbox="464 645 1453 752">AO1: Demonstrate highly detailed knowledge and understanding of the factors that underpin performance and involvement in physical activity and sport.</p> <p data-bbox="464 797 1445 904">AO2: Apply highly detailed knowledge and understanding of the factors that underpin performance and involvement in physical activity and sport.</p> <p data-bbox="464 949 1445 1021">AO3: Analyse and evaluate in detail the factors that underpin performance and involvement in physical activity and sport.</p> <p data-bbox="464 1066 1469 1137">AO4: Demonstrate and apply relevant skills and techniques in physical activity and sport. Analyse and evaluate performance.</p> <p data-bbox="464 1182 1430 1563">For three sports, students are required to demonstrate that the quality of technique is maintained for all skills and throughout all practices. When faced with opposition, decision making is consistently effective in both predetermined and spontaneous situations. There are very few errors and the student is adaptive when faced with progressively challenging situations. They almost always produce the intended results/accuracy. The student's contribution is highly effective, significant and sustained for almost all of the game/activity.</p>
<p data-bbox="244 1592 304 1666">6</p> <p data-bbox="145 1727 403 1827">Above expected level for a Year 11 student</p>	<p data-bbox="464 1576 687 1610">Year 11 topics:</p> <ul data-bbox="515 1615 1458 1765" style="list-style-type: none"> • Health, fitness and well-being: Socio-cultural influences and well-being in physical activity and sport • Socio-cultural influences and well-being in sport • Review Year 10 topics <p data-bbox="464 1809 1453 1917">AO1: Demonstrate detailed knowledge and understanding of the factors that underpin performance and involvement in physical activity and sport.</p>

	<p>AO2: Apply detailed knowledge and understanding of the factors that underpin performance and involvement in physical activity and sport.</p> <p>AO3: Analyse and evaluate in some detail the factors that underpin performance and involvement in physical activity and sport.</p> <p>AO4: Demonstrate and apply relevant skills and techniques in physical activity and sport. Analyse and evaluate performance.</p> <p>For three sports, students are required to demonstrate that the quality of technique is maintained for all skills but may start to deteriorate in the most challenging practices. When faced with opposition, decision making is usually effective in both predetermined and spontaneous situations. There may be occasional minor errors but the student is usually adaptive when faced with progressively challenging situations. They regularly produce the intended results/accuracy. The student's contribution is usually effective and significant and is sustained for the majority of the game/activity.</p>
<p style="text-align: center;">5</p> <p>Expected level for a Year 11 student</p>	<p>Year 11 topics:</p> <ul style="list-style-type: none"> • Health, fitness and well-being: Socio-cultural influences and well-being in physical activity and sport • Socio-cultural influences and well-being in sport • Review Year 10 topics <p>AO1: Demonstrate some detailed knowledge and understanding of the factors that underpin performance and involvement in physical activity and sport.</p> <p>AO2: Apply some detailed knowledge and understanding of the factors that underpin performance and involvement in physical activity and sport.</p> <p>AO3: Analyse and evaluate in some detail the factors that underpin performance and involvement in physical activity and sport.</p> <p>AO4: Demonstrate and apply relevant skills and techniques in physical activity and sport. Analyse and evaluate performance.</p> <p>For three sports, students are required to demonstrate that the quality of technique is maintained for most skills but may deteriorate in the most challenging practices. When faced</p>

	<p>with opposition, the effectiveness of decision making is inconsistent. The student makes more effective decisions in predetermined situations than in spontaneous situations. There may be occasional errors and the student is sometimes adaptive when faced with progressively challenging situations. They sometimes produce the intended results/accuracy. The student's contribution is sometimes effective and significant but it is not entirely sustained throughout the game/activity.</p>
<p style="text-align: center;">4</p> <p style="text-align: center;">Approaching the expected level for a Year 11 student</p>	<p>Year 11 topics:</p> <ul style="list-style-type: none"> • Health, fitness and well-being: Socio-cultural influences and well-being in physical activity and sport • Socio-cultural influences and well-being in sport • Review Year 10 topics <p>AO1: Demonstrate basic knowledge and understanding of the factors that underpin performance and involvement in physical activity and sport.</p> <p>AO2: Apply basic knowledge and understanding of the factors that underpin performance and involvement in physical activity and sport.</p> <p>AO3: Analyse and evaluate the basic factors that underpin performance and involvement in physical activity and sport.</p> <p>AO4: Demonstrate and apply relevant skills and techniques in physical activity and sport. Analyse and evaluate performance.</p> <p>For three sports, student can consistently demonstrate that the quality of technique is maintained for some skills but sometimes deteriorates in the most challenging practices. When faced with opposition, decision making is only occasionally effective in both predetermined and spontaneous situations. The student's contribution is evident but infrequent throughout the game/activity and only occasionally effective or significant.</p>

<p style="text-align: center; font-size: 2em; font-weight: bold;">3</p> <p style="text-align: center;">Working towards the expected level for a Year 11 student</p>	<p>Year 11 topics:</p> <ul style="list-style-type: none"> • Health, fitness and well-being: Socio-cultural influences and well-being in physical activity and sport • Socio-cultural influences and well-being in sport • Review Year 10 topics <p>AO1: Demonstrate some basic knowledge and understanding of the factors that underpin performance and involvement in physical activity and sport.</p> <p>AO2: Apply some basic knowledge and understanding of the factors that underpin performance and involvement in physical activity and sport.</p> <p>AO3: Analyse and evaluate some basic actors that underpin performance and involvement in physical activity and sport.</p> <p>AO4: Demonstrate and apply relevant skills and techniques in physical activity and sport. Analyse and evaluate performance.</p> <p>For three sports, students may demonstrate frequent errors and the student is only occasionally adaptive when faced with progressively challenging situations. They occasionally produce the intended results/accuracy. The student shows some ability to make tactical and strategic decisions but there are significant weaknesses and inconsistencies in their relevance to the game/activity.</p>
<p style="text-align: center; font-size: 2em; font-weight: bold;">2</p> <p style="text-align: center;">Working towards the expected level for a Year 11 student</p>	<p>Year 11 topics:</p> <ul style="list-style-type: none"> • Health, fitness and well-being: Socio-cultural influences and well-being in physical activity and sport • Socio-cultural influences and well-being in sport • Review Year 10 topics <p>AO1: Demonstrate very limited knowledge and understanding of the factors that underpin performance and involvement in physical activity and sport.</p> <p>AO2: Apply very limited knowledge and understanding of the factors that underpin performance and involvement in physical activity and sport.</p> <p>AO3: Analyse and evaluate in very limited detail the factors that underpin performance and involvement in physical activity and sport.</p> <p>AO4: Demonstrate and apply relevant skills and techniques in physical activity and sport. Analyse and evaluate performance.</p> <p>For three sports, students are maybe able to demonstrate that the quality of technique is maintained for few skills and</p>

	<p>often deteriorates in the most challenging practices. When faced with opposition, decision making may be ineffective for both predetermined and spontaneous situations. The student shows only a limited ability to make tactical and strategic decisions and they are seldom relevant to the game/activity.</p>
<p>1</p> <p>Working towards the expected level for a Year 11 student</p>	<p>Year 11 topics:</p> <ul style="list-style-type: none"> • Health, fitness and well-being: Socio-cultural influences and well-being in physical activity and sport • Socio-cultural influences and well-being in sport • Review Year 10 topics <p>AO1: Occasionally demonstrate very limited knowledge and understanding of the factors that underpin performance and involvement in physical activity and sport.</p> <p>AO2: Occasionally apply very limited knowledge and understanding of the factors that underpin performance and involvement in physical activity and sport.</p> <p>AO3: Occasionally analyse and evaluate in very limited detail the factors that underpin performance and involvement in physical activity and sport.</p> <p>AO4: Demonstrate and apply relevant skills and techniques in physical activity and sport. Analyse and evaluate performance.</p> <p>For three sports, students demonstrate frequent errors and the student may be unable to adapt when faced with progressively challenging situations. They may not produce the intended results/accuracy. The student's contribution is limited to rare occasions and is seldom effective or significant.</p>