

## Curriculum Recovery Brief Outline

Half-term (or specific weeks)	Programme of Learning Title	Catch Up Elements	Assessments	Remote Contingency
<b>Autumn 1</b>	Fitness Testing  Rotational units of rounders, athletics, tennis & cricket	Delivering activities which are approved by NGBs Teaching summer term activities	Fitness Results End of assessment per activity	Fitness videos to be accessed via internet Fitness challenges Couch to 5K Step trackers Sport quizzes
<b>Autumn 2</b>	Rotational units of dance, gymnastics, badminton, rugby, football, orienteering & hockey, netball	Developing range of components of fitness and improving skill levels across range of activities	Track 1 End of assessment per activity	Fitness videos to be accessed via internet Fitness challenges Couch to 5K Step trackers Sport quizzes
<b>Spring 1</b>	Rotational units of dance, rugby, gymnastics, badminton, football, orienteering & hockey, netball	Developing range of components of fitness and improving skill levels across range of activities	Track 2 End of assessment per activity	Fitness videos to be accessed via internet Fitness challenges Couch to 5K Step trackers Sport quizzes
<b>Spring 2</b>	Rotational units of dance, rugby, gymnastics, badminton, football, orienteering & hockey, netball	Developing range of components of fitness and improving skill levels across range of activities	Track 3 End of assessment per activity	Fitness videos to be accessed via internet Fitness challenges Couch to 5K Step trackers Sport quizzes
<b>Summer 1</b>	Fitness testing Round 2 Rotational units of rounders, athletics, tennis & cricket	Developing range of components of fitness and improving skill levels across range of activities	Fitness Results End of assessment per activity Athletics standards	Fitness videos to be accessed via internet Fitness challenges Couch to 5K Step trackers Sport quizzes

<b>Summer 2</b>	Rotational units of rounders, athletics, tennis & cricket	Developing range of components of fitness and improving skill levels across range of activities	Track 4 End of assessment per activity Athletics standards	Fitness videos to be accessed via internet Fitness challenges Couch to 5K Step trackers Sport quizzes
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Half-term (or specific weeks)	Programme of Learning Title	Catch Up Elements	Assessments	Remote Contingency
<b>Autumn 1</b>	Fitness Testing Rotational units of rounders, athletics, tennis & cricket	Delivering activities which are approved by NGBs Teaching summer term activities	Fitness Results End of assessment per activity	Fitness videos to be accessed via internet Fitness challenges Couch to 5K Step trackers Sport quizzes
<b>Autumn 2</b>	Rotational units of dance, gymnastics, badminton, football, orienteering, football, hockey, rugby, basketball, netball	Developing range of components of fitness and improving skill levels across range of activities	Track 1 End of assessment per activity	Fitness videos to be accessed via internet Fitness challenges Couch to 5K Step trackers Sport quizzes
<b>Spring 1</b>	Rotational units of dance, gymnastics, badminton, football, orienteering, football, hockey, rugby, basketball, netball	Developing range of components of fitness and improving skill levels across range of activities	Track 2 End of assessment per activity	Fitness videos to be accessed via internet Fitness challenges Couch to 5K Step trackers Sport quizzes
<b>Spring 2</b>	Rotational units of dance, gymnastics, badminton, football, orienteering, football, hockey, rugby, basketball, netball	Developing range of components of fitness and improving skill levels across range of activities	Track 3 End of assessment per activity	Fitness videos to be accessed via internet Fitness challenges Couch to 5K Step trackers Sport quizzes
<b>Summer 1</b>	Rotational units of rounders, athletics, tennis & cricket	Developing range of components of fitness and improving skill levels across range of activities	Fitness testing Round 2 End of assessment per activity Athletics standards	Fitness videos to be accessed via internet Fitness challenges Couch to 5K Step trackers

				Sport quizzes
<b>Summer 2</b>	Rotational units of rounders, athletics, tennis & cricket	Developing range of components of fitness and improving skill levels across range of activities	Track 4 End of assessment per activity Athletics standards	Fitness videos to be accessed via internet Fitness challenges Couch to 5K Step trackers Sport quizzes

Half-term (or specific weeks)	Programme of Learning Title	Catch Up Elements	Assessments	Remote Contingency
<b>Autumn 1</b>	Rotational units of rounders, athletics, tennis & cricket, badminton	Delivering activities which are approved by NGBs Teaching summer term activities	End of assessment per activity	Fitness videos to be accessed via internet Fitness challenges Couch to 5K Step trackers Sport quizzes
<b>Autumn 2</b>	Rotational units of dance, gymnastics, badminton, football, orienteering, football, hockey, rugby, basketball, fitness, netball	Developing range of components of fitness and improving skill levels across range of activities	Track 1 End of assessment per activity	Fitness videos to be accessed via internet Fitness challenges Couch to 5K Step trackers Sport quizzes
<b>Spring 1</b>	Rotational units of dance, gymnastics, badminton, football, orienteering, football, hockey, rugby, basketball, fitness, netball	Developing range of components of fitness and improving skill levels across range of activities	Track 2 End of assessment per activity	Fitness videos to be accessed via internet Fitness challenges Couch to 5K Step trackers Sport quizzes
<b>Spring 2</b>	Rotational units of dance, gymnastics, badminton, football, orienteering, football, hockey, rugby, basketball, fitness, netball	Developing range of components of fitness and improving skill levels across	Track 3 End of assessment per activity	Fitness videos to be accessed via internet Fitness challenges Couch to 5K Step trackers Sport quizzes

		range of activities		
<b>Summer 1</b>	Rotational units of rounders, athletics, tennis & cricket, softball	Developing range of components of fitness and improving skill levels across range of activities	End of assessment per activity Athletics standards	Fitness videos to be accessed via internet Fitness challenges Couch to 5K Step trackers Sport quizzes
	Rotational units of rounders, athletics, tennis & cricket, softball	Developing range of components of fitness and improving skill levels across range of activities	Track 4 End of assessment per activity Athletics standards	Fitness videos to be accessed via internet Fitness challenges Couch to 5K Step trackers Sport quizzes

Half-term (or specific weeks)	Programme of Learning Title	Catch Up Elements	Assessments	Remote Contingency
<b>Autumn 1</b>	Rotational units of rounders, athletics, tennis & cricket, badminton	Delivering activities which are approved by NGBs Teaching summer term activities	End of assessment per activity for ATL	Fitness videos to be accessed via internet Fitness challenges Couch to 5K Step trackers Sport quizzes
<b>Autumn 2</b>	Rotational units of, badminton, football, football, hockey, rugby, basketball, fitness, table tennis, netball	Developing range of components of fitness and improving skill levels across range of activities	Track 1 End of assessment per activity for ATL	Fitness videos to be accessed via internet Fitness challenges Couch to 5K Step trackers Sport quizzes
<b>Spring 1</b>	Rotational units of, badminton, football, football, hockey, rugby, basketball, fitness, table tennis, netball, Sports Leader 1 and 2 Award (if appropriate)	Developing range of components of fitness and improving skill levels across range of activities	End of assessment per activity for ATL	Fitness videos to be accessed via internet Fitness challenges Couch to 5K Step trackers Sport quizzes
<b>Spring 2</b>	Rotational units of, badminton, football, football, hockey, rugby, basketball, fitness, table tennis, netball Sports Leader 1 and 2 Award (if appropriate)	Developing range of components of fitness and improving skill levels across	Track 1 End of assessment per activity for ATL	Fitness videos to be accessed via internet Fitness challenges Couch to 5K Step trackers Sport quizzes

		range of activities		
<b>Summer 1</b>	Rotational units of rounders, athletics, tennis & cricket, softball  Sports Leader 1 and 2 Award (if appropriate)	Developing range of components of fitness and improving skill levels across range of activities	End of assessment per activity for ATL Athletics standards	Fitness videos to be accessed via internet Fitness challenges Couch to 5K Step trackers Sport quizzes
<b>Summer 2</b>	Rotational units of rounders, athletics, tennis & cricket, softball  Sports Leader 1 and 2 Award (if appropriate)	Developing range of components of fitness and improving skill levels across range of activities	Track 4 End of assessment per activity for ATL Athletics standards	Fitness videos to be accessed via internet Fitness challenges Couch to 5K Step trackers Sport quizzes



Half-term (or specific weeks)	Programme of Learning Title	Catch Up Elements	Assessments	Remote Contingency
Autumn 1	<p><b>Applied anatomy and physiology (Paper 1) - the human body and movement in physical activity and sport</b></p> <p>Respiratory system Circulatory system Aerobic system Anaerobic system</p> <p>Practical: Badminton and table tennis</p>		<p>End of unit tests Past exam questions</p> <p>Practical moderations</p>	<p>Stream videos Teams meetings Exampro Questions Seneca Learning</p>
Autumn 2	<p><b>Applied anatomy and physiology (Paper 1) - the human body and movement in physical activity and sport</b></p> <p>EPOC Effects of Exercise</p> <p>Practical: Trampolining, badminton</p>		<p>End of unit tests Past exam questions</p> <p>Practical moderations</p>	<p>Stream videos Teams meetings Exampro Questions Seneca Learning</p>
Spring 1	<p><b>Sports psychology (Paper 2) – socio-cultural influences and well-being in physical activity and sport</b></p> <p>Skill</p> <p>Goal setting</p> <p>Feedback</p> <p>Guidance</p> <p>Practical: Table tennis</p>		<p>End of unit tests Past exam questions</p> <p>Practical moderations</p>	<p>Stream videos Teams meetings Exampro Questions Seneca Learning</p>
Spring 2	<p><b>Sports psychology (Paper 2) – socio-cultural influences and well-being in physical activity and sport</b></p> <p>Personality traits</p>		<p>End of unit tests Past exam questions</p> <p>Practical moderations</p>	<p>Stream videos Teams meetings Exampro Questions Seneca Learning</p>

	<b>Arousal</b>  <b>Non examined assessment – analysis and evaluation of chosen practical activity</b>  <b>Practical: Moderation of team sports</b>			
<b>Summer 1</b>	<b>Non examined assessment – analysis and evaluation of chosen practical activity</b>  <b>Practical: Athletics and tennis</b>		Analysis marking  Practical moderations	Stream videos Teams meetings Exampro Questions Seneca Learning
<b>Summer 2</b>	<b>Non examined assessment – analysis and evaluation of chosen practical activity</b>  <b>Practical: Athletics and tennis</b>		Analysis marking  Practical moderations	Stream videos Teams meetings Exampro Questions Seneca Learning

**Curriculum Planning 2020-2021**

**Curriculum Area: GCSE PE**

**Year Group: 11**

**Curriculum Intent:**

Half-term (or specific weeks)	Programme of Learning Title	Catch Up Elements	Assessments	Remote Contingency
Autumn 1	<p><b>Movement analysis (Paper 1) the human body and movement in physical activity and sport</b></p> <p>Levers Planes and axes</p> <p><b>Socio-cultural influences (Paper 2) – socio-cultural influences and well being in physical activity and sport</b></p> <p>Sponsorship Media Technology Drugs Hooliganism</p> <p><b>Social engagement patterns</b></p>	<p>Delivery of lockdown work</p> <p>Practical interventions</p>	<p>Year 10 Paper 1 exam</p> <p>End of unit tests</p>	<p>Stream videos Teams meetings Exampro Questions Seneca Learning</p>
Autumn 2	<p><b>Recap Year 9 and 10 topics</b></p> <p><b>Physical training (Paper 1), the human body and movement in physical activity and sport</b></p> <p><b>Applied anatomy and physiology (Paper 1) – the human body and movement in physical activity and sport</b></p>		<p>Mock exams</p> <p>Practical mock assessment</p> <p>Track 1</p>	<p>Stream videos Teams meetings Exampro Questions Seneca Learning</p>
Spring 1	<p><b>Recap Year 9 and 10 topics</b></p> <p><b>Applied anatomy and physiology (Paper 1) – the human body and movement in physical activity and sport</b></p> <p><b>Movement analysis (Paper 1) – the human body and movement in physical activity and sport</b></p>		<p>Revision past exam questions</p> <p>Final practical assessments and moderation</p> <p>Track 2</p>	<p>Stream videos Teams meetings Exampro Questions Seneca Learning</p>

<b>Spring 2</b>	<p><b>Recap Year 9, 10 and 11 topics</b></p> <p><b>Physical training (Paper 1), the human body and movement in physical activity and sport</b></p> <p><b>Socio-cultural influences (Paper 2) – socio-cultural influences and well being in physical activity and sport</b></p> <p><b>Health, fitness and well being (Paper 2) Socio-cultural influences and well being in physical activity and sport</b></p>		<p>Revision past exam questions</p> <p>Specimen exam paper</p>	<p>Stream videos</p> <p>Teams meetings</p> <p>Exampro Questions</p> <p>Seneca Learning</p>
<b>Summer 1</b>	<p><b>Recap Year 9, 10 and 11 topics</b></p> <p><b>Physical training (Paper 1), the human body and movement in physical activity and sport</b></p> <p><b>Socio-cultural influences (Paper 2) – socio-cultural influences and well being in physical activity and sport</b></p> <p><b>Health, fitness and well being (Paper 2) Socio-cultural influences and well being in physical activity and sport</b></p>		<p>Track 3</p> <p>Revision past exam questions</p>	<p>Stream videos</p> <p>Teams meetings</p> <p>Exampro Questions</p> <p>Seneca Learning</p>
<b>Summer 2</b>				

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<b>Autumn 1</b>	Rotational units of rounders, athletics, tennis & cricket, badminton	Delivering activities which are approved by NGBs Teaching summer term activities	End of assessment per activity for ATL	Fitness videos to be accessed via internet Fitness challenges Couch to 5K Step trackers Sport quizzes
<b>Autumn 2</b>	Rotational units of, badminton, football, football, hockey, rugby, basketball, fitness, table tennis, netball	Developing range of components of fitness and improving skill levels across range of activities	Track 1 End of assessment per activity for ATL	Fitness videos to be accessed via internet Fitness challenges Couch to 5K Step trackers Sport quizzes
<b>Spring 1</b>	Rotational units of, badminton, football, football, hockey, rugby, basketball, fitness, table tennis, netball, Sports Leader 1 and 2 Award (if appropriate)	Developing range of components of fitness and improving skill levels across range of activities	End of assessment per activity for ATL	Fitness videos to be accessed via internet Fitness challenges Couch to 5K Step trackers Sport quizzes
<b>Spring 2</b>	Rotational units of, badminton, football, football, hockey, rugby, basketball, fitness, table tennis, netball Sports Leader 1 and 2 Award (if appropriate)	Developing range of components of fitness and improving skill levels across range of activities	Track 1 End of assessment per activity for ATL	Fitness videos to be accessed via internet Fitness challenges Couch to 5K Step trackers Sport quizzes

<b>Summer 1</b>	Rotational units of rounders, athletics, tennis & cricket, softball  Sports Leader 1 and 2 Award (if appropriate)	Developing range of components of fitness and improving skill levels across range of activities	End of assessment per activity for ATL Athletics standards	Fitness videos to be accessed via internet Fitness challenges Couch to 5K Step trackers Sport quizzes
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Half-term (or specific weeks)	Programme of Learning Title	Catch Up Elements	Assessments	Remote Contingency
<b>Autumn 1</b>	RO54 – Sport and the media RO52 – Developing sport skills	Revisit lockdown work	Assignments completed	Teams meeting Stream videos
<b>Autumn 2</b>	RO51 – Contemporary issues in sport RO52 – Developing sport skills		Mock exam	Teams meeting Stream videos
<b>Spring 1</b>	RO52 – Developing sport skills		RO51 – Contemporary issues in sport Exam	Teams meeting Stream videos
<b>Spring 2</b>	RO52 – Developing sport skills		Practical assessments and moderation Witness statements	Teams meeting Stream videos
<b>Summer 1</b>	RO52 – Developing sport skills RO53 – Sports Leadership		Practical assessments and moderation	Teams meeting Stream videos

<b>Summer 2</b>	RO52 – Developing sport skills RO53 – Sports Leadership		Practical assessments and moderation	Teams meeting Stream videos
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Year 10 Sport Studies

Year 11 Sport Studies

Half-term (or specific weeks)	Programme of Learning Title	Catch Up Elements	Assessments	Remote Contingency
<b>Autumn 1</b>	RO54 – Sport and the media RO52 – Developing sport skills	Revisit lockdown work	Assignments completed	Teams meeting Stream videos
<b>Autumn 2</b>	RO51 – Contemporary issues in sport RO52 – Developing sport skills		Mock exam	Teams meeting Stream videos
<b>Spring 1</b>	RO52 – Developing sport skills		Exam RO51 – Contemporary issues in sport Witness statements	Teams meeting Stream videos
<b>Spring 2</b>				Teams meeting Stream videos
<b>Summer 1</b>				Teams meeting Stream videos